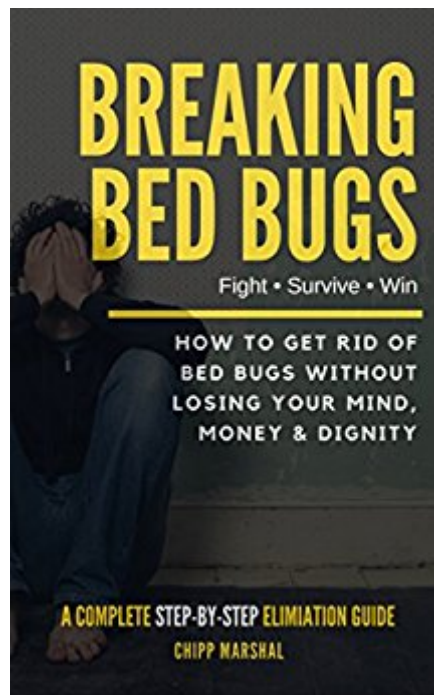




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# Breaking Bed Bugs: How To Get Rid Of Bed Bugs Without Losing Your Mind, Money & Dignity



## Synopsis

If you've arrived here, you probably know or suspect you have a bed bug problem. If that's the case, don't lose heart. There is hope. I can show you how to get rid of bed bugs without losing your mind, money or dignity. The truth is that bed bugs are not caused by poor sanitation, and they have nothing whatsoever to do with social or economic status. They are cunning hitchhikers, and anyone who is in the wrong place at the wrong time is susceptible to an infestation. They can thrive in the finest five-star hotels, well run hospitals, and million-dollar homes. I know firsthand the devastation bed bugs can have on your physical and emotional well-being. You can read all about my personal struggle with bed bugs right inside this book. After I won the battle in my own home, I used my knowledge and experience to teach thousands of other families how to get rid of bed bugs in their homes. I am here to tell you that you, too, can get rid of them yourself quickly, safely, and inexpensively. I will share with you in this book everything I wished someone had shared with me. I will give you advanced techniques your exterminator doesn't even know about. I'll cover all the details the websites and videos you'll find on the internet leave out. I will spare you the weeks of trial and error that I went through during my first battle with bed bugs. Then I'll teach you, step-by-step, everything I have learned studying bed bugs and fighting infestations for the past 5 years. This book will provide you with everything you'll need to get rid of bed bugs as quickly and inexpensively as possible. You stand at a turning point. Half measures will avail you nothing when it comes to these devastating creatures. The step-by-step methods I'll describe for you have been tested and proven. To ensure they work you will need to take action, following the instructions precisely. If you have the courage and resolve, this book will provide you with a proven, step-by-step course of action to get rid of bed bugs once and for all.

-Chipp Marshal "I was delighted to hear that Mr. Marshal was publishing his methods on how to get rid of bed bugs. As a real estate agent and property manager, I see bed bug infestations more frequently with each passing year. Many of the affected families cannot afford to hire an exterminator. Parents are helpless and their children suffer. For some, there is no escape from this epidemic and it is absolutely heartbreaking to watch. This book is being published by the right person at the right time. It is reassuring to know that his methods will now be available to millions of people around the world." -Christina Murray

## Book Information

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## Customer Reviews

It is no shame to have bed bugs. You can pick them up even from 5-star hotels. However, they are very difficult to get rid of, and it costs a small fortune to pay someone to remove them for you without a 100% guarantee. Chipp Marshal reminds people that although they are called "bed bugs", they can be found in other areas of your home. He goes through the inspection process so you know where these little critters like to hide during the day. This is crucial to eliminating the infestation and getting you back to sleeping soundly in your own home. Mr. Marshal spells out exactly what you need to do to get rid of these parasites: from containment to treatment to pest-proofing for the future. The beautiful part is: you can do it without calling an expensive exterminating company. Most of what he outlines in this book is simply what the exterminator will tell you to do AFTER they spray the house with chemical poison. The truth is, the majority of the work is done by you prior to and after the exterminator comes, anyway. Along with the expert step-by-step explanation of how to rid yourself of bed bugs, Mr. Marshal includes discussion on what type of vacuum and steamer to use, an FAQ section and a Bed Bug Supply Manual. He really makes it easy for people with tight budgets to help themselves remove their parasite problem effectively. I would absolutely recommend this book.

Helped get rid of those pesky bugs

Definitely a helpful resource for a terrible problem. There are few places to go where you can get straight forward advice about how to deal with bed bugs.

After getting bed bugs in the fall of 2010 the author in his family hire a pest control company that treated his home 3 times two weeks later his family was getting bit by bed bugs. I took a few of the techniques I learned from the exterminator and supplemented them with better strategies. I discovered in my research. I scoured forums with bed bug related discussions. I also reached out to an entomologist. I will share with you in this book everything I wished someone had told me about getting rid of bed bugs. I will tell you all the those secrets an exterminator won't share with you. Bed bugs are highly resistant to most modern pesticides. Bed bugs are skillful hitchhikers who hide in luggage and clothing, giving them free access to every part of the globe now that we have worldwide travel. Bed bugs reproduce quickly and can build population that go undetected for critical lengths of time. Use a magnifying glass and an ultra violet light to inspect for bed bug excrement, blood spots and eggs. Focus your search on seams and crevices of the mattress and box spring. Other places to look: Cracks, crevices, and screw holes on the bed frame, head board, and walls surrounding the bed, inside appliances, picture frames, electrical receptacles, carpet seams where floor meets wall, dr wall seams where walls and ceilings meet. The University of Kentucky took a survey of 13 bed bug infested apartments and this is what they came out with. 34.6%-box spring, 22.6%-furniture such as couches and upholstered chairs, 22.4% mattress, 13.4 % bed frame and headboard, 3.1% baseboards, 2.3% walls and ceilings, 1.4% others, and .2%- night stands. The importance of containment. there are two important keys to this step. The first is to make sure bed bugs are killed during attempts to climb up bed. The second is to take measures to make sure any bed bugs attempting to flee will come in to contact with one of your treatment methods. Items you need Cimexa =asg. Create a bug barrier around infested rooms. Apply the dust around the borders of the room where the carpet edge or floor meets the wall. Usually only a super thin dusting of this stuff. Since the main purpose of this to provide a containment barrier, you can go a little heavier to insure all areas have adequate coverage. However, it is very important at every stage that you don't apply too much, because, as stated above, you want as many bugs as possible to come into contact with the dust and not merely avoid it. I highly recommend getting a proper duster and hand bellows duster. Use a small painters brush to apply a thin layer of asg dust around doors and to other areas that are not practical to treat with a duster. Rather than caulking or sealing crack, crevices, and voids

in the wall and perimeters of the room at this stage, apply a light coat of asg dust. Note this is meant to be temporary so bed bugs can come out of the wall and walk over the dust but in a couple weeks you will silicone all cracks and crevices. Applying a horizontal layer of very smooth clear packing tape or Scotch tape around the wall 6 to 12 inches above the baseboard. Bed bugs have claws that can't grip smooth surfaces, so the tape will act to contain them. Try to cover as much wall as possible without tearing the tape and starting with a new piece. When you reach the door, make a 90 degree turn and go vertical. Note go up and outline the frame of the door with a horizontal pass at the top then a vertical going down to complete the door frame. Optional you can make a second horizontal strip around the wall where the wall meets the ceiling. Create the same tape barriers in the other rooms. To protect your bed buy good quality bed bug encasements for pillow, box spring and mattress. Insulate your bed by moving your bed at least 6 inches from the wall. Treating the bed. Launder all bedding. Thoroughly vacuum mattress and box spring. Vacuum slowly and methodically along the edges, folds, seams, and surfaces of both the box spring and the mattress. Remove the dust cover on the bottom of the box spring and vacuum the inside of the box spring. Vacuum bed frame and head board. For bed frame or head board use wood filler to seal all cracks and crevices. Do all this vacuuming before you install bed bug encasements. For extremely heavy infestations, you can apply asg dust or steam each section of the bed components to kill the remaining bed bugs. Now cover all mattresses and box springs with bed bug encasements. If you are insulating the bed use bed risers for legs of the bed and place four sturdy bowls underneath them with mineral oil. Remember you can carry bed bugs to your bed throw the clothes you wear. Break out new pillows and pillows encasement on them. Wooden bed frames take Murphy's oil soap and take it apart and clean every inch of it up. Head boards and bed frames vacuum and put asg dust on them. Battery charged vacuums usually do not have enough power to dislodge bed bugs and eggs. A HEPA vacuum is best to use but make sure your vacuum has a disposable bag. A shop vacuum will do : shop-vac 5-gallon 4.5 peak horse power stainless steel wet vac, Home depot: rigid 9 gallon wet/dry vacuum, Lowes: shop-vac 10 gallon 4.0 peak hp shop vacuum. Brilliant frugal alternative. This method involves using a knee-high nylon stocking filter to catch bed bugs and their eggs in the vacuum hose before it even reaches the vacuum cleaner. This has even been given a thumbs up by bed bug experts. Wrap the outer edge of the stocking around the top of the vacuum nozzle and attach the crevice tool over it. Sprinkle a small amount of asg dust and suck it up before you start vacuuming. If you use a canister vacuum, the canister in the filter should be washed thoroughly. When you are finished vacuuming sprinkle a little asg dust and suck it up. Vacuuming techniques Use a flashlight or a UV light source. UV flashlights are inexpensive and useful. A magnifying glass is also helpful

because bed bugs can hide anywhere. Bed bugs tend to gather and hide in carpet edges where the silica dust was applied for containment. I like to vacuum two or three of the containment barrier at a time stop the vacuum then reapply the silica dust where I vacuumed then do it again. Use the tip of the crack and crevice tool or use a metal putty knife to dislodge bed bugs and eggs. Move nozzle along infested areas slowly. A vacuum is a critical tool in the bed bug elimination process. Treat infested items with Nuuvan Pro strips, dry clean, launder, zap a bug, Cimexa dust. Steam the same areas you vacuumed you need a tip temperature of 200 F to get a contact surface temperature of 165 F or 155 F. When drilling holes in walls to put insecticide in wall drill at a 45 degree angle. When dusting wear a dust mask. Dust entire floor or carpet lightly you can vacuum or clean as often as you like just reapply dust. Pull furniture away from wall and turn all furniture on its side so you can get bottom and other areas. Couches, loveseats and upholstered furniture, remove cushions and dust all cracks and crevices. You can put bed bug climb up interceptors on furniture and bed if you want too. After dusting caulk up all cracks and crevices. Use a stud finder in walls. Items to avoid at all cost bed bug foggers and, store bought chemicals.

As an experienced real estate investor, I found this to be a very informative and thorough book on the subject of bed bugs. In our industry, it's a very taboo topic. Most investors just don't want to deal with the situation and would rather hire someone to do the job. But as Chipp states in the book, hiring an extermination company does not guarantee the bed bugs will not return again after the first treatment. It takes multiple treatments and observations to get the job done right. Hiring a company can be costly and sometimes ineffective. This is a book that gives you options whether you're a homeowner or real estate investor tackling an infestation of bed bugs. His techniques are very detailed based on his own experience. He lists several ways to get the job done yourself and includes step-by-step instructions on each method. There's also a resource section at the end detailing the materials you'll need (based on each method) and where to find them. If you're dealing with the issue of bed bugs or think you may in the future, definitely add this book to your reading library. Buy it today!

I highly recommend this book to anyone with a bed bug infestation. If you follow the described steps, you really will be able to eliminate the bed bugs on your own and more effectively than hiring an expensive pest control company. This book is very well written and is based on the writer's own personal experience. Bed bugs have become more common and can affect anyone in all social classes. It can definitely be a nightmare to have bed bugs but with the help of this book, you can get

the infestation under control fast!

I've been in the military for most of my adult life, so I've had to live far away from my parents for most of it. They've missed a lot of their grandkids lives because of that, but a few years ago we were finally able to move within driving distance of them. Unfortunately, that's when they discovered their infestation, and they've limited their visits out of fear that they'll spread the bed bugs to us. With any luck, this will help kill all the bed bugs, and prevent my mother from breaking down in tears over the phone anymore.

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